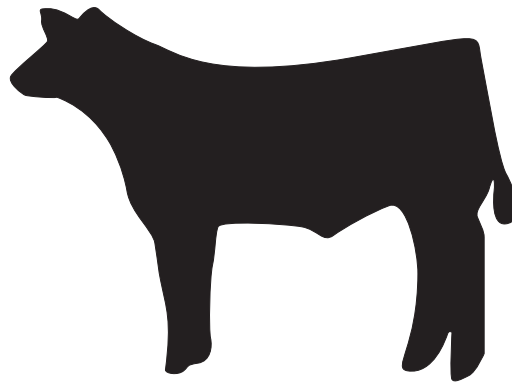




Virginia 4-H Market Beef Project



Junior Record Book (for youth ages 9 - 13)

Name _____ Date of Birth _____ Age _____

Physical Address _____

Mailing Address (if different) _____

What county/city 4-H program are you enrolled in with this project _____

4-H Club _____ Years in 4-H (including this year) _____

Is the place where you keep your project animal registered with the National Animal Identification System (NAIS) Yes No

Date Project Started _____ Date Project Completed: _____

Member Statement:

I hereby certify that I have personally kept records on this project and have personally completed this record book.

4-H Member's Signature _____ Date: _____

Record Approval: The 4-H member has completed this record book to a satisfactory level.

Parent/Guardian Signature: _____

4-H Leader's Signature: _____



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Instructions for Using this Record Book

This record is designed to be the place for you to keep records on your animal projects. Read through the book carefully and complete all sections requested (for example, project planning, feed and health care purchases, supplies and tools, results from shows, and a financial summary). Do not leave any sections blank unless they do not relate to your project animal. It is important that you do your own work, but ask your 4-H leader, Extension Agent, parents, or other 4-H volunteers for help when you do not understand something.

This project record book is for record-keeping only. Information about how to raise these animals can be found in various 4-H Project Guides. Copies of project guides may be obtained from your local Virginia Cooperative Extension office.

1. Read through this book and familiarize yourself with the kinds of records you will need and where information should be recorded. Discuss the book with your parent and/or 4-H leader.
2. Complete essential information when you first start your project, such as the cover page and the project planning page. Share your goals with your 4-H leader.
3. Keep your records up to date. Record information as it occurs. Consider setting aside specific times during the project when you will work on your record book.
4. Write neatly and legibly. Use only one color ink.
5. Include at least one photograph of you with your project animal, but do not include more than two pages of photos. Additional clippings should be displayed in a scrapbook, not this record book.
6. Maintain your book in a 3-ring notebook/binder or folder.
7. Write a project story that captures what happened during your project. Discuss your goals, your activities, your challenges, and your accomplishments. Project stories must be at least five sentences; more experienced 4-H members' stories should be more in depth.

Revised 2007 by: Kelly Mallory, Extension Agent, 4-H Youth; Kaci Coppedge, Extension Agent, 4-H Youth; Cyndi Estienne, Extension Agent, 4-H Youth; Mary Elizabeth Williams, Extension Agent, 4-H Youth; Jocelyn Dailey, Extension Agent, 4-H Youth; Leslie Prillaman, Extension Agent, 4-H Youth; Bertha Durbin, 4-H Volunteer; Sandra Turner, 4-H Volunteer; Mark Walberg, Extension Animal Science Specialist, Virginia Tech; Celeste Crisman, Extension Equine Specialist, Virginia Tech; David Winston, Extension Dairy Specialist, Virginia Tech.

Project Planning

This page should be completed at the start of your project and share it with your 4-H leader.

1. Set at least three goals for yourself this year.

- What do you want to learn?

- What do you hope to accomplish?

- What new activities do you want to try?

Please tell us about your project animal (check all that apply)

- I purchased my project animal
- My project animal is bred & owned (from a cow on my family farm)
- I lease my project animal
- I board my project animal at another farm

Project Planning

1. What factors will you consider when selecting your market beef project (breed, age, size, price)?

2. Where will you get your project animal? Reasons for selecting that breeder or farm.

3. How will you pay for your project animal?

After completion, show this page to your 4-H leader for approval.

Leaders Signature: _____ Date: _____

Market Beef Inventory Record

Use one chart for all animals

Beginning Animal Inventory				Closing Animal Inventory					
Identification of the Animal		Date Obtained		Beginning Information		Kept	Sold		
Animal ID	Description (breed, color, etc...)	Sex	Raised (Born)	Purchased	Starting Weight	Animal Value or Purchase Price	Value at End of Project	Final Weight	Total Selling Price

** Call your local Livestock Market or visit the VDACS Market News Website
<http://www.vdacs.virginia.gov/livestock/index.shtml> to find market value of your steer. **

Animal Care and Management

Your project requires regular care and management. List the things necessary to take care of your project animal(s).

Include the following:

- Feeding and watering practices
- Grooming (clipping, trimming, foot care, etc.....)
- Health practices and medicines
- General Management (cleaning living area and feed pans, halter breaking, training, etc...)
-

Daily—Things done every day

Example: fed animal , gave fresh water, spent time with animal

Weekly—Things done once a week

Example: Cleaned feed and water containers, gave new bedding

Monthly—Things done once a month

Example: Groomed my animal

Yearly—Things done one time or occasionally throughout the year

Example: Trimmed feet

Equipment and Supply Inventory

At the beginning of the 4-H year take an inventory of what equipment and supplies are on hand.

Add new equipment or supplies you purchase to the list. We realize that often time equipment is shared between 4-H members. Please estimate a cost value for any shared equipment.

(Ex. 1 set of clippers shared between 3 members $\$250/3 = 83.00/\text{each}$)

Amount & Kind	Already Owned or Purchased	Purchase Price
<i>Example: 3 rope halters</i>	<i>Already Owned</i>	
<i>1 feed pan</i>	<i>Purchased</i>	<i>\$10.00</i>
Total		

Note: Juniors are asked to only record the beginning value of equipment. Age and wear and tear decrease an item's value over time, but this occurrence, know as depreciation, is covered in the senior record book only

Feed Records and Expenses

Keeping good feed records is important. Good records show your expenses for feed and what kind of feed you use for your project. A good practice is to enter your feed expenses when you buy feed. A good way to keep track of feed use is to put a calendar in the barn and write down the amount and the kind of feed used each day. At the end of the month, total each kind of feed used and its cost and record the information below. Home-raised feeds should be valued at market price - what it can be sold for.

Type and Cost of Feed Used			
Date of Purchase	Amount Purchased (lbs.)	Type of Feed (grain mix , hay, pasture, silage, salt, mineral, supplement)	Cost or Value
Total Lbs.		Total Cost	\$

How to Calculate Monthly Cost of Feeds

(complete this page for one animal)

Grain

Cost of a bag of grain: \$ _____ ÷ _____ lbs in the bag = \$ _____ per lb

Amount fed: _____ lbs per day X _____ days (in month) = _____ lbs

Monthly cost of grain: \$ _____ X _____ lbs =

(Cost per lb grain) (Total amount fed) (Monthly Cost of Grain)

Supplements (additives for increasing grain, etc..)

Cost of package: \$ _____ ÷ _____ oz or lb. in container = \$ _____ per oz or lb.

Amount fed: _____ oz or lb. per day X _____ days (in month) = _____ oz or lb.

Monthly cost of supplements: \$ _____ X _____ oz or lb. =

(Cost per oz or lb.) (Total amount fed) (Monthly cost of Supplement)

Hay

Cost of a bale of hay: \$ _____ ÷ _____ lbs per bale = \$ _____ per lb

Amount fed: _____ lbs per day X _____ days (in month) = _____ lbs

Monthly cost of hay: \$ _____ X _____ lbs =

(Cost per lb of hay) (Total amount fed) (Monthly Cost of Hay)

Feed Tag Information

Please attach a tag or label from one feed being used for your market beef project. If a home-made mix is used please describe the mix on the back of this page.

1. What production level or type of animal is this feed designed for?
(Ex. *market animal, lactating animal, growing animal, maintenance, etc....*)

2. What is the Crude Protein level of this feed?

3. What is the main ingredient in this feed?
(Hint: if the answer is not clear, it's probably the first ingredient listed.)

4. Is this a medicated feed?

Health Care Expenses

Record any expenses incurred for health care of the project animal(s). Include regular preventive actions as well as treatments for disease.

- Dewormers
- Vitamin Injections
- Vaccines
- Antibiotics (over the counter and prescription)
- General Health Care/Treatment Medications (Foot rot medications, mange, lice, etc...)
- Health Paper from the Veterinarian
- Hoof Care

Date	Description	Cost \$
<i>Example: July 1st</i>	<i>Health Papers for the County Fair</i>	<i>\$25.00</i>
Total Health Care Expenses (if any)		\$

Miscellaneous Expenses or Fees

List any expenses that do not fit into one of the previous categories. Examples: Entry fees, transportation, breed association dues, registration papers, etc.

Date	Description	Cost \$
<i>Example 7/1</i>	<i>County Fair Entry Fees</i>	<i>\$40.00</i>
Total Miscellaneous Expenses		\$

Miscellaneous Income

Any income from the sale of products from your project animal. (This is unlikely for market beef)

Date	Description	Income \$
Total Miscellaneous Income		\$

Show Ring Record

Record the date and name of any shows attended, placing out of the number of entries in the class, and any premium money earned.

Date	Show	Class	Placing	Premiums Won
			----- out of -----	
			----- out of -----	
			----- out of -----	
			----- out of -----	
			----- out of -----	
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			----- out of -----	
Total Premiums Won				\$

Project Financial Summary

One goal of the market beef project is to teach budgeting, marketing and money management skills. The following chart will help you evaluate the financial status of your project.

<u>Income</u>	
A. Value of animal(s) sold pg 5	
B. Miscellaneous Income (if any) pg 12	
C. Show Premiums Won pg 13	\$
Total Income = Add (A+ B + C)	
\$	
<u>Expenses</u>	
1. Purchase price or value of animal at beginning of project pg 5	\$
2. Equipment Expenses pg 7	\$
3. Feed Expenses pg 8	\$
4. Health Expenses pg 11	\$
5. Miscellaneous Expenses pg 12	\$
Total Expenses = Add (1 + 2 + 3 + 4 +5)	
\$	
Financial Summary (Total Income - Total Expenses)	Profit/Loss (circle one)

Questions

1. If you earned a profit, what will you do with the money?

2. What will you do differently next year?

Market Beef Production Record

record data for all project animals

Live Animal Data							
Animal ID	A Ending Weight	B Beginning Weight	C Total Pounds Gained (A-B = C)	D Total Days on Feed	Average Daily Gain (C ÷ D)	E Total Pounds of Feed the animal ate	Feed Efficiency (Conversion) (E ÷ C)

Carcass Data							
** Please complete this section if your animal's carcass was evaluated. Fill in areas where you received data**							
Animal ID	Carcass Weight	Quality Grade	Backfat (inches)	Rib-eye Area (REA) (square inches)	Yield Grade	Percent Retail Product	Carcass Value

Average Daily Gain—This is the average amount of weight your market beef animal will put on each day. It is calculated by taking the current weight—beginning weight and divide by the number of days the animal has been on feed.

Feed Efficiency—The measure of how well an animal converts the nutrients in the feed they eat into muscle & fat.

Note: You may photocopy pages 16-18 and add to other project books if you have more than one project type.

4-H Activities

Number of club meetings held: _____ Number you attended _____

What 4-H committees did you serve on?

Did you hold an officer position in your 4-H Club? Yes No

If Yes, which one ?

- President
 Vice President
 Secretary
 Treasurer
 Reporter
 Chaplain
 Other _____

What other 4-H leadership roles did you hold this year? (camp counselor, teen leader, etc...)

What other 4-H clubs did you belong to and/or what other projects did you complete?

4-H Activities

(community service, workshops, camps, Share-the-Fun, county contests, judging teams, etc....)

Activity	Date	Location	Placing or Comments

Activities other than 4-H

What other clubs or groups did you belong to this year? (school, church, community, etc...)

List any activities you participated in for scouts, sports groups, church, community service, etc. that were not affiliated with 4-H.

Activity	Date	Comments

What leadership roles did you fulfill outside of 4-H? (school, church, community, etc...)

Note: You may photocopy pages 16-18 and add to other project books if you have more than one project type.

4-H Story

The motto of 4-H is “learn by doing”. Each year we learn something new by participating in a 4-H project. Please write a story that explains:

- *What you have learned*
- *New skills you have gained over this past year in 4-H*
- *What goals you accomplished. If you accomplished your goals, how did you do so?*

Other Examples that you may consider writing about include: Something that happened that was funny, sad or exciting, Challenges you faced and how you overcame them, Who helped you with your project and how they contributed, Things you are most proud of. Feel free to relate your 4-H experience to other parts of your life (school, home, family, friends, etc..). Stories must be at least five sentences.



Project Photos



**** Please limit yourself to a maximum of two photo pages. ****
Additional memorabilia should be displayed in a scrapbook or 4-H portfolio.

***Optional—Record Book Scorecard**

4-H Members: Leave this page blank.

The person judging your book will complete the score card.

<u>Points Possible</u>	<u>Scoring Criteria</u>	<u>Points Awarded by Judge</u>
10	Neatness (legible writing, one color ink, well-organized)	_____
15	Completeness (all pages and sections, complete thoughts and ideas)	_____
5	Signatures obtained on front cover (member, parent, leader)	_____
10	Accuracy (no math errors, factual statements made)	_____
20	Project Work (goals set, evidence of work throughout the year, goals accomplished, book completed by 4-H member, not an adult)	_____
10	4-H Participation (meetings, clinics, workshops, camps, contests, educational experiences)	_____
20	Project Story (well-written, original, creative, complete thoughts, grammar, mechanics)	_____
10	Photos, clippings, etc. (include at least one photo, not more than 2 pages)	_____
100	Total Points Earned by 4-H'er	_____

Scoring: 90-100 Blue, 75-89 Red, 74 or below White

Judges' Comments: